## WINCHENDON FOOD PROJECT

Bring affordable whole foods back to Winchendon!

## WHY:

- Town supermarket closed in 2015
- Closest grocery stores do not accept
  WIC and have the highest prices in MA
- 15% of residents get their food at convenience stores
- 33% residents identify as food insecure
- Very high rates of chronic diseases



## **WHAT 1S BEING DONE:**

Hub-and-spoke model starting with pre-prepped meal kits. This model will:

- 1. **Gather** food from local farms and food producers, community gardens, and food bought in bulk at anchor institutions (such as hospital and universities)
- 2. **Spread** the food to places where people already come together in the form of **CSA meal kits**—boxed meals that come with pre-prepped ingredients

## **GET INVOLVED:**

Join the next community group (CIRCL group) meeting November 12, 9:15 to 10:15 am at the Clark Memorial YMCA community room

RSVP:

Contact Growing Places daniel@growingplaces.org 978.598.3723 ext 803