



# GYMNASIUM SCHEDULE

Effective as of January 5

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>OPEN GYM</b> 5:00am-10:15am	<b>OPEN GYM</b> 5:00am-8:15am	<b>OPEN GYM</b> 5:00am-10:15am	<b>OPEN GYM</b> 5:00am-8:15am	<b>OPEN GYM</b> 5:00am-10:15am		
	<b>ZUMBA GOLD</b> 8:30am-9:30am		<b>ZUMBA GOLD</b> 8:30am-9:30am		<b>Youth Basketball</b> 8:00am-2:00pm	<b>OPEN GYM</b> 8:00am-1:45pm
	<b>BASIC BEGINNER TAI CHI</b> 9:30am-10:15am		<b>BEGINNER TAI CHI</b> 9:30am-10:15am			
<b>SILVER SNEAKERS</b> 10:30am-11:15am	<b>SILVER SNEAKERS</b> 10:30am-11:15am	<b>SILVER SNEAKERS</b> 10:30am-11:15am	<b>SILVER SNEAKERS</b> 10:30am-11:15am	<b>SILVER SNEAKERS</b> 10:30am-11:15am		
<b>OPEN GYM</b> 11:30am-4:45pm	<b>TAI CHI</b> 11:15am-12:00pm	<b>CHAIR YOGA</b> 11:15am-12:30pm	<b>OPEN GYM</b> 11:30am-12:00pm	<b>CHAIR YOGA</b> 11:15am-12:15pm		
	<b>PICKLEBALL</b> 12:00pm-2:00pm	<b>OPEN GYM</b> 12:30pm-6:00PM	<b>PICKLEBALL</b> 12:00pm-2:00pm			
	<b>OPEN GYM</b> 2:00pm-4:45PM		<b>OPEN GYM</b> 2:00pm-4:45pm			
<b>Youth Basketball</b> 5:00pm-7:00pm	<b>Youth Basketball</b> 5:00pm-7:00pm		<b>Youth Basketball</b> 5:00pm-7:00pm			
<b>OPEN GYM</b> 7:00pm-8:45pm		<b>PICKLEBALL</b> 6:00pm-8:00pm	<b>PICKLEBALL</b> 7:00pm-8:45pm	<b>ADULT BASKETBALL</b> 7:00pm-8:45pm		

\*Schedule subject to change. Check our website for the most up to date information.