GYMNASIUM SCHEDULE

Effective as of September 8

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN GYM 5:00am-10:15am	**OPEN GYM** 5:00am-8:15am	**OPEN GYM** 5:00am-10:15am	**OPEN GYM** 5:00am-8:15am	**OPEN GYM** 5:00am-10:15am		
	ZUMBA GOLD 8:30am-9:30am		**ZUMBA GOLD** 8:30am-9:30am		**OPEN GYM** 8:00am-8:45am	**OPEN GYM** 8:00am-1:45pm
	BEGINNER TAI CHI 9:30am-10:15am			**INTERMEDIATE TAI CHI** 9:30am-10:15am	**TAI CHI** 9:00am-11:00am	
SILVER SNEAKERS 10:30am-11:15am	**SILVER SNEAKERS** 10:30am-11:15am	**SILVER SNEAKERS** 10:30am-11:15am	**SILVER SNEAKERS** 10:30am-11:15am	**SILVER SNEAKERS** 10:30am-11:15am	**OPEN GYM** 11:00am-1:45pm	
OPEN GYM 11:30am-8:45pm	**TAI CHI** 11:15am-12:00pm	**CHAIR YOGA** 11:15am-12:10pm	**OPEN GYM** 11:30am-12:00pm	**CHAIR YOGA** 11:15am-12:15pm		
	PICKLEBALL 12:00pm-2:00pm	**OPEN GYM** 12:30pm-6:00PM	**PICKLEBALL** 12:00pm-2:00pm			
	OPEN GYM 2:00pm-8:45PM		**OPEN GYM** 2:00pm-6:00pm			
		PICKLEBALL 6:00pm-8:00pm	**PICKLEBALL** 6:00pm-8:00pm	**ADULT BASKETBALL** 7:00pm-8:45pm		

*Schedule subject to change. Check our website for the most up to date information.