



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

Gymnasium Schedule

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5AM-10AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	YMCA OPENS @ 8 Youth Basketball	YMCA OPENS @ 8 OPEN GYM
10:30 AM-11:15 AM	Silver Sneakers	Silver Sneakers	Silver Sneakers	Silver Sneakers	Silver Sneakers	Youth Basketball	OPEN
11:30 AM-4:30 PM	OPEN GYM	11:30-1:30 Murdock Academy OPEN GYM 2:00-4:30	OPEN GYM	11:30-1:30 Murdock Academy OPEN GYM 2:00-4:30	OPEN GYM	Youth Basketball YMCA CLOSES @ 2	OPEN GYM YMCA CLOSES @ 2
5PM-7PM	Youth Basketball	Youth Basketball	Youth Basketball	OPEN GYM	OPEN GYM		
7:30 PM-9:00 PM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		

Effective 12/3/21