

GYMNASIUM SCHEDULE

Effective as of June 10

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		
5:00am-	5:00am-	5:00am-10:15am	5:00am-8:15am	5:00am-		
10:15am	8:15am			10:15am		
	ZUMBA		ZUMBA GOLD		OPEN GYM	OPEN GYM
	GOLD		8:30am-9:30am		8:00am-	8:00am-
	8:30am-				9:45am	1:45pm
	9:30am					
	BEGINNER		OPEN GYM			
	TAI CHI		9:30am-			
	9:45am-		10:15am			
	10:15am					
SILVER	SILVER	SILVER SNEAKERS	SILVER	SILVER	TAI CHI	
SNEAKERS 10:30am-	SNEAKERS 10:30am-	10:30am-11:15am	SNEAKERS 10:30am-	SNEAKERS 10:30am-	9:45am- 11:00am	
10.30am- 11:15am	10.30am- 11:15am		10.30am- 11:15am	10.30am- 11:15am	11.00am	
11.13aiii	11.134111		11.13aiii	TI.IJaiii		
OPEN GYM	TAI CHI	CHAIR YOGA	OPEN GYM	OPEN GYM	OPEN GYM	
11:30am-	11:15am-	11:15am-12:30pm	11:30am-	11:30am-	11:00am-	
2:00pm	12:00pm	·	12:00pm	2:00pm	1:45pm	
	PICKLEBALL	OPEN GYM	PICKLEBALL			
	12:00pm-	12:30pm-2:00pm	12:00pm-			
	2:00pm		2:00pm			
Summer	Summer	Summer Camp	Summer Camp	Summer		
Camp	Camp	2:00pm-3:30pm	2:00pm-	Camp		
2:00pm-	2:00pm-		3:30pm	2:00pm-		
3:30pm	3:30pm			3:30pm		
OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		
3:30pm-	3:30pm-	3:30pm-6:00pm	3:30pm-	3:30pm-		
7:00pm	8:45pm		6:00pm	7:00pm		
ADULT		PICKLEBALL	PICKLEBALL	ADULT		
BASKETBALL		6:00pm-8:00pm	6:00pm-	BASKETBALL		
7:00pm-			8:00pm	7:00pm-		
8:45pm				8:45pm		
		OPEN GYM	OPEN GYM			
		8:00pm-8:45pm	8:00pm-			
			8:45pm			

^{*}Schedule subject to change. Check our website for the most up to date information.