

GYMNASIUM SCHEDULE

Effective as of May 5

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		
5:00am-	5:00am-	5:00am-10:15am	5:00am-8:15am	5:00am-		
10:15am	8:15am			10:15am		
	ZUMBA		ZUMBA GOLD		OPEN GYM	OPEN GYM
	GOLD		8:30am-9:30am		8:00am-	8:00am-
	8:30am-				9:45am	1:45pm
	9:30am					
	OPEN GYM		OPEN GYM			
	9:30am-		9:30am-			
	10:15am		10:15am			
SILVER	SILVER	SILVER SNEAKERS	SILVER	SILVER	TAI CHI	
SNEAKERS	SNEAKERS	10:30am-11:15am	SNEAKERS	SNEAKERS	9:45am-	
10:30am-	10:30am-		10:30am-	10:30am-	11:00am	
11:15am	11:15am		11:15am	11:15am		
OPEN GYM	TAI CHI	CHAIR YOGA	OPEN GYM	OPEN GYM	OPEN GYM	
11:30am-	11:15am-	11:15am-12:30pm	11:30am-	11:30am-	11:00am-	
7:00pm	12:00pm		12:00pm	7:00pm	1:45pm	
	PICKLEBALL		PICKLEBALL			
	12:00pm-		12:00pm-			
	2:00pm		2:00pm			
	OPEN GYM		OPEN GYM			
	2:00pm-		2:00pm-			
	8:45PM		6:00pm			
ADULT		PICKLEBALL	PICKLEBALL	ADULT		
BASKETBALL		6:00pm-8:00pm	6:00pm-	BASKETBALL		
7:00pm-			8:00pm	7:00pm-		
8:45pm				8:45pm		

*Schedule subject to change. Check our website for the most up to date information.