



Clark Memorial YMCA Fall 1 Pool Schedule 2025



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------------------|------------------------------------------------|--------------------------------------------|------------------------------------------------|--------------------------------------------|-----------------------------|--------------------------------------|
| | 5:30-8:00 Lap Swim | 5:30-8:30 | 5:30-8:00 Lap Swim | 5:30-8:30 | 5:30-8:00 Lap Swim | |
| | 8:00-8:45 Aqua Zumba | Lap Swim | 8:00-8:45 Aqua Zumba | Lap Swim | 8:00-8:45 Aqua Zumba | |
| 8:30-12:30 Adult Lap Swim | 8:45-9:30 Aqua Zumba | 8:30-9:30 Water Walking/ 2 Lanes Lap | 8:45-9:30 Aqua Zumba | 8:30-9:30 Water Walking/ 2 Lanes Lap | 8:45-9:30 Aqua Zumba | 8:30-11:00 Lessons/ 1 Lane Lap |
| | 10:00-3:00 Adult | 10:00-11:00 Lessons/ 3 Lanes Lap | 10:00-3:00 Adult | 10:00-2:00 Adult | 10:00-3:00 Adult | 11:00- 12:30 Lap Swim |
| 12:30-1:30 Family Swim | Lap Swim | 11:00- 2:00 Adult Lap Swim | Lap Swim | Lap Swim | Lap Swim | 12:30-1:30 Family Swim |
| | 3:30-4:30 Family Swim | 3:30-4:30 Family Swim | 3:30-4:30 Family Swim | 3:30-4:30 Family Swim | 3:30-4:30 Family Swim | |
| | | 4:30-5:30 | | 4:30-5:30 | 4:30-5:30 | |
| | 4:30-6:30 Lessons/ 3 Lanes Lap | Swim Team | 4:30-6:30 Lessons | Swim Team | Swim Team | |
| | 6:30-7:30 Swim Team | 5:30-7:30 Lessons/ 3 Lanes Lap | 6:30-7:30 Swim Team | 5:30-7:30 Lessons/ 3 Lanes Lap | 5:30-7:00 Lap Swim | |
| | | | | | 7:00-8:30 Family Swim | |
| | 7:30-8:30 Swim Team/ 2 Lanes Lap Swim | 7:30-8:30 Adult Lap Swim | 7:30-8:30 Swim Team/ 2 Lanes Lap Swim | 7:30-8:30 Adult Lap Swim | | |

Sept 2- Oct 25

Schedule subject to change. Check website for most up to date information.

