



Clark Memorial YMCA Winter Pool Schedule 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:30-8:00 Lap Swim	5:30-8:30	5:30-8:00 Lap Swim	5:30-8:30	5:30-8:00 Lap Swim	
	8:00-8:45 Aqua Zumba	Lap Swim	8:00-8:45 Aqua Zumba	Lap Swim	8:00-8:45 Aqua Zumba	
8:30-11:30 Adult Lap Swim	8:45-9:30 Aqua Zumba	8:30-9:30 Water Walking/ 2 Lanes Lap	8:45-9:30 Aqua Zumba	8:30-9:30 Water Walking/ 2 Lanes Lap	8:45-9:30 Aqua Zumba	8:30-11:00 Lessons/ 1 Lane Lap
11:30-12:30 3 Lanes High School Swim Team	10:00-3:00 Adult Lap Swim	10:00-11:00 Lessons/ 3 Lanes Lap 11:00- 2:00 Adult Lap Swim	10:00-3:00 Adult Lap Swim	10:00-2:00 Adult Lap Swim	10:00-3:00 Adult Lap Swim	11:00- 12:30 Lap Swim 12:30-1:30 Family Swim
12:30-1:30 Family Swim	3:30-4:30 High School Swim team	3:30-4:30 Family Swim	3:30-4:30 3 Lanes Family Swim	3:30-4:30 Family Swim	3:30-4:30 Family Swim	
		4:30-5:30 Swim Team	3 Lanes High School Swim Team	4:30-5:30 Swim Team	4:30-5:30 Swim Team	
	4:30-6:30 Lessons		4:30-6:30 Lessons		5:30-6:30 High School Swim Team	
	6:30-7:30 Swim Team	5:30-7:30 Lessons/ 3 Lanes Lap	6:30-7:30 Swim Team	5:30-7:30 Lessons/ 3 Lanes Lap	6:30-7:30 Adult	
	7:30-8:30 Swim Team/ 2 Lanes Lap Swim	7:30-8:30 Adult Lap Swim	7:30-8:30 Swim Team/ 2 Lanes Lap Swim	7:30-8:30 Adult Lap Swim	Lap Swim 7:30-8:30 Family Swim	

Jan 4- Feb 14 Schedule subject to change. Check website for most up to date information.

