



Clark Memorial YMCA Spring 1 Pool Schedule 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:30-8:30 Lap Swim	5:30-8:30 Lap Swim	5:30-8:30 Lap Swim	5:30-8:30 Lap Swim	5:30-8:30 Lap Swim	
8:30-12:30 Lap Swim	8:30-9:30 Aqua Aerobics	8:30-9:30 Water Walking/ 2 Lanes Lap	8:30-9:30 Aqua Aerobics	8:30-9:30 Water Walking/ 2 Lanes Lap	8:30-9:30 Aqua Aerobics	8:30-11:30 Lessons/ 3 Lanes Lap
	10:00-2:30 Adult	10:00-2:30 Adult	10:00-2:30 Adult	10:00-2:30 Adult	10:00-2:30 Adult	11:30-12:30 Rental
12:30-1:30 Family Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	12:30-1:30 Family Swim
	3:30-4:30 Family Swim	3:30-4:30 Family Swim	3:30-4:30 Family Swim	3:30-4:30 Family Swim	3:30-4:30 Family Swim	
	4:30-6:30 Lessons/ 1 Lane Lap	4:30-5:30 Swim Team	4:30-6:30 Lessons/ 1 Lane Lap	4:30-5:30 Swim Team	4:30-5:30 Swim Team	
	6:30-7:30 Swim Team	5:30-7:30 Lessons/ 3 Lanes Lap	6:30-7:30 Swim Team	5:30-7:30 Lessons/ 3 Lanes Lap	5:30-7:00 Lessons/ 3 Lanes Lap	
	7:30-8:30 Lap Swim	7:30-8:30 Lap Swim	7:30-8:30 Lap Swim	7:30-8:30 Lap Swim	7:00-8:30 Family Swim	

February 26- April 15

