

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL SPONSIBILITY

LIFEGUARD TRAINING COURSE

CLASS BEGINS APRIL 22ND Registration Open CLARK MEMORIAL YMCA Course reimbursement
Available!
Contact Julie Whittemore at

j.whittemore@clarkymca.org
for more info

Candidates should be prepared to jump into the deep water, swim 150 yards of freestyle or breaststroke, tread water 2 minutes without your hands, swim 50 yards freestyle or breaststroke on the first day of training. They will also need to demonstrate a brick retrieval in the deep end

Cost:

Member: \$375 NON-MEMBER: \$425

combined with a 20 yard swim.

Dates: Tuesdays 4pm-7:30pm 4/22, 5/6, 5/13, 5/20, 5/27, 6/3, 6/10, 6/17.

- Attendance at all class sessions is mandatory.
- Candidate must successfully pass all testing to become certified.