



Clark Memorial YMCA Pool Schedule - Winter 1 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:30 8:15 Adult Lap Swim	7:00- 8:00 Adult Lap 8:00-9:00 3 Lanes Lap/ 3 Lanes	5:30 8:15 Adult Lap Swim	7:00- 8:00 Adult Lap 8:00-9:00 3 Lanes Lap/ 3 Lanes	5:30 8:15 Adult Lap Swim	6:30 8:30 Conant Swim
	8:30-9:30 Aquaerobics	Aqua Jogging	8:30-9:30 Aquaerobics	Aqua Jogging	8:30-9:30 Aquaerobics	9:00 11:00
9:00- 10:30 Lap Swim	9:30-11:00 Lessons/ 3 Lanes Lap	9:00- 10:30 Lessons/ 3 Lanes Lap	9:30-11:00 Lessons/ 3 Lanes Lap	9:00- 10:30 Lessons/ 3 Lanes Lap	9:30-11:00 Lessons/ 3 Lanes Lap	Lessons/ 1 Lane Lap Swim
10:30- 12:00 Family Swim	11:00	10:30-11:00 PS Swim	11:00	10:30-11:00 PS Swim	11:00	11:00-12:00
12:00- 1:00 Rental	2:00 Adult Lap Swim	11:00 2:00 Adult Lap Swim	2:00 Adult Lap Swim	11:00-2:00 Lap Swim 12:00-1:00 2 Lanes Deep Water Aquaerobics	2:00 Adult Lap Swim	12:00- 12:45 Rental
	2:00- 3:00 Home School Swim	Pool Maintenance	Pool Maintenance	Pool Maintenance	3:30-4:30 Conant Swim	1:00-2:45 Open Swim
	3:30-4:30 Conant Swim	3:30-4:30 Open Swim	3:30- 4:30 Open Swim	3:30-4:30 Conant Swim	4:30- 5:30 Swim Team	Pool Maintenance
Ends 12/21	4:30- 6:30 Lessons	4:30- 5:30 Swim Team	4:30- 6:30 Lessons	4:30- 5:30 Swim Team	5:30- 6:30 Lessons	
	6:30-7:30 Swim Team	5:30- 6:30 Lessons	6:30-7:30 Swim Team	5:30- 6:30 Lessons	6:30-7:30 Family Swim	
	7:30-8:30 3 Lanes Lap 3 Lanes Macenic Swim	6:30- 7:30 Open Swim 7:30-8:30 Adult Lap Swim	7:30-8:30 3 Lanes Lap 3 Lanes Macenic Swim	6:30- 7:30 Open Swim 7:30-8:30 Adult Lap Swim	7:30-8:30 3 Lanes Lap 3 Lanes Macenic Swim	
	Maintenance		Maintenance		Maintenance	